

CIOS News

April 2025 | Des Moines, Iowa



President's Message

Brian Johnson



Temperatures are starting to warm up and that means it's time to think about preparing your outdoor spaces for summering your orchids and other tropical plants. Those preparations should include gathering tools and supplies for cleanup- cleaners and products for washing and sanitizing growing surfaces; insecticides, fungicides, and soaps for washing and treating your plants for pests and disease; brooms and brushes for removing fallen leaves and cobwebs.

It's also a good time to take stock of pots, potting, media, stakes, tags, and other supplies. Plants should be coming out of their winter rests and showing active growth which is the best time for re-potting, and it's better to have supplies on hand and ready to go at this time of year. Your plants aren't going to wait for shipping delays.

It's also a good time to clean up

your collections. If you have any plants that have been struggling to survive the winter, and aren't showing improvement it's time to consider throwing it out.

This especially the case if you have already treated the plant for pest infestation or disease and it has not responded to treatment. The plant could simply be too ill to rescue, or could be suffering from an undiagnosed virus infection. It's better to part with a struggling plant than to waste time and energy on trying to keep it alive- particularly since it could be spreading disease to other plants in your collection.

And the spring cleanup extends to the club as well. The CIOS board has been going through the constitution, reviewing our procedures, and taking inventory of the club's tools and materials.

Part of what keeps the club moving forward is making sure that as new members join and participate in club events or become club officers they have the documents, resources, and procedures necessary to perform in those roles.

So if you think there is something we could be doing better as a club, feel free to share. My email box is always open.

Happy growing!
Brian Johnson, CIOS President

Next Meeting

5/4/2025 - 2pm

Union Park United
Methodist Church

2305 East 12th Street

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Constitution Updates

Brian Johnson, Carson Whitlow

We proposed two constitution updates at the April meeting. These updates are intended to clarify our election procedures, meeting announcements, and newsletter duties. The first update is a re-write of Article II Section 3 that updates the defined voting procedures to reflect our current voting procedures that we have been using the last few years and it eliminates mention of the newsletter, which is not an assigned or defined duty of any officer position. The second update moves the current Article V Section 3 to a new Section 4, and changes Section 3 to clarify the meeting announcement duties.

These updates have been proposed at the previous meeting, so barring any additional changes we will vote to accept the proposed updates as below at the May 2025 meeting.

The full, current CIOS constitution is on our website, <https://c-we.com/cios/constituto.htm>

Update #1

Current Article II, Section 3:

Officers shall be elected at the annual meeting in December. Before the election, additional nominations from the floor shall be permitted. Election shall be by ballot, one per member, sent out in the newsletter and returned by the December meeting to the secretary. Ballots will also be available at the December meeting.

Proposed Article II, Section 3:

Officers shall be elected at the annual meeting in December. Before the election, additional nominations from the floor shall be permitted. If there are no more than one nominee for each office, a vote by raised hand to accept the nominees as elected shall be taken and accepted. If there are more than one nominee for any office, ballots shall be prepared at the meeting. Election then shall be by ballot, one per member at the December meeting.

Update #2

Current Article V Section 3:

The normal order of business shall be:

- Reading of the minutes of the previous meeting
- Treasurer's report
- Reports of the boards and standing committees
- Reports of special committees
- Unfinished (old) business
- New business
- Exhibits
- Program

Proposed Article V Section 3:

A meeting announcement shall be made prior to the meeting to all members of the Society by email. Members not having email shall be notified by post card. The meeting announcement shall contain the date, time and place of the upcoming meeting and any additional information as deemed appropriate. The responsibility for the notification shall be determined by the President.

Proposed Article V Section 4:

The normal order of business shall be:

- Reading of the minutes of the previous meeting
- Treasurer's report
- Reports of the boards and standing committees
- Reports of special committees
- Unfinished (old) business
- New business
- Exhibits
- Program

April Meeting Brief

Ardie Strawman

The April meeting of the Central Iowa Orchid Society was called to order by President Brian Johnson. We have two guests today - Christina, who signed up at Reiman Gardens Orchid Fest, and Destiny. The Secretary's report was read and approved.

The Treasurer's report was read and approved. We have a balance in our checking account of \$5037.08 plus the CD of \$5302.30. Income was listed as \$6701 from Square, \$2725 cash, \$95 memberships, and \$10 door prize tickets. Expenses were listed as \$4630 Doc Bannister, \$180 Maria Fedorova, \$465 808 Orchid Co. and \$1501 Fred Clarke. Chriss said he would have more info next month. Chriss also reported that we have two new magazines that can be checked out.

President's report - Brian reported that the March newsletter was emailed out. If you did not receive it, please let Brian know. He said articles and photos are always welcome for the next newsletter. Brian made a motion to have Robert "Doc" Bannister recognized as a CIOS Lifetime Member. Motion seconded and carried.

Brian and Carson Whitlow are the admins for our Facebook page, and welcome articles and photos for it.

Jason Rauscher is in charge of our First to Bloom contest; there is nothing to report yet as the plants were just handed out last month.

Maria Fedorova reported on the Greater Omaha Orchid Society Show, held in March. We received many ribbons and awards.

We talked about participating in the Ted Lare Garden Center Houseplant Show in August.

The Greater Des Moines Botanical Center is having their Spring Garden Event in May. We talked about participating in this as a vendor. Brian will email a list of available times to work, and members can sign up. The Master Gardeners event that Carson was to speak at has changed and he will not be speaking. They are going to send out a PDF version of our Speaker's Day info to their members.

Brian talked about having a short activity between speakers at Speaker's Day, if there is going to be some extra time. Jason Rauscher volunteered during the E board meeting to be in charge of this. Chriss made a motion that CIOS members pay \$15 for Speaker's Day registration, for this year. Motion seconded and carried.

Brian reported that we are talking with the Greater Des Moines Botanical Center about having meetings there. We have many questions to ask about this; the E board is going to visit there soon, and see if this will work for us.

Brian reported on some proposed Constitutional changes - updating Article II, section 3, referring to elections and ballots. Also Article V, sections 1,2, and 3, referring to meeting and order of business. He read the proposed changes, and will read them again in May. Then the changes can be voted upon. Carson showed an Orchid Comic Book, a novel in comic book format.

Meeting adjourned.
Respectfully submitted,
Ardie Strawman, Secretary

We had lots of Show and Tell plants, brought by Brian, Rose, Maria, Carol, Jason, David and Linda, and Ardie. Thank you to all, as we certainly enjoy seeing other members' plants!



Ardie showing off lovely Cypripedium art for show and tell.

April Show and Tell

Brian Johnson



Clockwise from top left: Elaine Trinkle and Jason Rauscher won their first ribbons at the Greater Omaha Orchid Society show in March. Maria gave a nice presentation on the club's results at the vent and surprised everyone with "CIOS Ribbon Club" inductee crowns crafted from ribbons.



Maria, Carol, and David and Linda Brightwell showing off their plants and answering questions from club members.



Clockwise from top left: Jenny, Patty, and Ray inspecting the show and tell plants. We had a nice showing for April.

Cristina Call, Jason Rauscher, Doug and Cindy Jones, and Carol Lewnau chatting about the show and tell plants.

Carol showing Maria's *Sedirea japonica*. L

Dave and Lind's nicely grown *Chiloschista parishii* "suanphueng". A mostly leafless orchid that photosynthesizes via it's roots.



Left: *Cattleya mossiae* var. semi alba

Above: *Laeliocattleya* Final Blue

Below: *Brassia* Sunset Glow "Aloha Gold" AM/AOS



Above, Right - *Miltoniopsis* Milton Brown





Left top: Phal. KS Super Zebra "Spicy Girl"

Left bottom: Propescapetalum Glicky

Below: Sedirea japonica





Clockwise from top left: Jason brought in a *Scaphosepalum fimbriatum* mounted to a branch. The bloom is truly miniature, so he brought in a magnifying lamp for club members to view the strange flowers.

May Meeting

We'll be discussing plans for the Des Botanical Garden Spring Market. There will be plants on the raffle table, and as always, feel free to bring in blooming plants to share for the show and tell, or any non-blooming plants you'd like help with.

For the program we'll have a pre-recorded webinar from the AOS, topic TBD.

We look forward to seeing you there!

5/4/2025 - 2pm
 Union Park United Methodist Church
 2305 East 12th Street

Upcoming Events

Central Iowa Orchid Society Speaker's Day

July 19, 2025, Johnston, IA

Speaker's Day Details

The year, 2025, will be our 36th annual Speaker's Day. This year's speakers are Eric Sauer of River Valley Orchids, OH and Frank Cervera of Monster Island Orchids, NY. The registration fee for the event is \$30.00 per person in advance or \$35.00 per person at the door. The cost covers all the speakers as well as a continental breakfast, lunch, and an afternoon desert bar. With your paid admission you also get a ticket for the door prize drawings held following the last presentation. Each speaker will bring plants to sell throughout the day.

Saturday, July 19 8am - 4pm

Johnston Lions Club Community Center, 6501 Merle Hay Road, Johnston, IA 50131.

Greater Des Moines Botanical Garden's Annual Spring Garden Market

May 8-11, 2025, Des Moines, IA

GDMBG Events

Visit the Greater Des Moines Botanical Garden's annual Spring Garden Market for a unique shopping experience located in Des Moines' most beautiful garden setting. Shop hundreds of plant varieties and tried-and-true favorites selected by our own horticulturalists that flourish in central Iowa. While shopping, enjoy food, fun, and more along with art and other garden-related merchandise from our variety of vendors and community partners. Learn more about some of our region's most special plants from our local plant societies.

Horticulture staff and volunteers will be onsite throughout the event to help answer your questions!

Kentucky Orchid Society Show and Sale

September 6 - 7, 2025, Louisville, KY

KOS Show and Sale

Kentucky Orchid Society Show

Sat: 10:30am-5pm

Sun: 11am-4pm

St. Mathews Episcopal Church, 330 N Hubbards Lane, Louisville, KY 40207

Chicagoland Orchid Fest

September 19 - 21, 2025, Chicago IL

Chicagoland Orchid Fest

Hosted by Orchids by Hausermann of Villa Park, IL and Natt's Orchids of Naperville, IL

Visit two different, interesting and unique orchid nurseries located within a 40 minute drive.

Free Admission and Free Parking. Special sale items & refreshments available at both locations.

Guest Growers at each location will be offering plants for sale from all over the world.

Orchids by Hausermann - 2N134 Addison Road Villa Park IL

Natt's Orchids - 24645 103rd St Naperville IL 60564

September 19 - 21, 2025 8:00am - 5:00pm Friday & Saturday, 10:00am - 3:00pm Sunday

For more events see

'The Orchid Mall Announcements and Events'

orchidmall.com/announce.htm

Membership

The Central Iowa Orchid Society (CIOS) was organized in 1961. It is a nonprofit social club. Membership in the CIOS also includes membership in the Mid-America Orchid Congress.

Yearly dues are \$15 for an individual or \$25 for a family. **New members joining after July 1st are only required to pay one-half the annual membership fee - \$7 for an individual or \$12 for a family.** Membership can be renewed starting in November and dues become delinquent after the February meeting. Members will be dropped from the roll if dues have not been paid in six months.

Meetings are generally held on the first Sunday of every month at the Union Park Methodist Church, East 12th & Guthrie, Des Moines and begin at 2:00 pm.

Among the advantages of membership in CIOS are a large library of orchid literature, programs, displays and discussions on blooming plants, helpful advice, door prizes, and friendly socializing about orchids.

We invite you to attend a meeting and see for yourself the excitement that orchids generate. While there, inquire about membership or send in the below membership application to:

Central Iowa Orchid Society
c/o Chriss Barck, Treasurer
16402 J Ave.
Perry, IA 50220

CIOS Officers for 2025

President - Brian Johnson

Vice President - Maria Fedorova

Secretary - Ardie Strawman

Treasurer - Chriss Barck

E-Board Member (1st Year) - Jason Rauscher

E-Board Member (2nd Year) - Carol Lewnau

E-Board Member (3rd Year) - Jenny Howell

Immediate Past President - Roy Molina

American Orchid Society & Orchid Digest
Liaison - Maria Fedorova

Librarian - Chriss Barck

Webmaster - Carson Whitlow

General correspondence can be sent to:
Central Iowa Orchid Society
c/o Carson E. Whitlow
22957 280th Street
Adel, IA 50003

General email:
centraliowaorchidsociety@gmail.com

Central Iowa Orchid Society Membership Form

Please make checks payable to the Central Iowa Orchid Society. \$15 for single, \$25 for family membership

Name: _____ Telephone: _____

Address: _____ City: _____

State: _____ Zip Code: _____

Indicate Family or Single: _____ Email: _____

Amount Enclosed: \$_____ or:

Credit Card #: _____ Exp. Date: MO ____ YR ____ Security code: _____



Central Iowa Orchid Society

36th Annual Speaker's Day

Saturday, July 19, 2025

Johnston Lions Club Community Center | 6401 Merle Hay Road Johnston, Iowa

Frank Cervera, Monster Island Orchids, NY

Phragmipedium Culture: What Can Mother Nature Teach Us?
The Phragmipediums of Brazil; A Journey to a Strange World

Eric Sauer, River Valley Orchids, OH

Expanding Your Collection - Yes You Can Know What You Are Gonna Get
A Few Favorite South American Genera

Cost: \$30 pre-registration/\$35 at the door - Early reservations are helpful in planning the event.

Covers:

- > Four presentations from the speakers
- > Continental breakfast, lunch, and afternoon dessert bar
- > 1 ticket for door prize drawings (additional tickets available for purchase)
- > Free orchid

Speakers will bring orchids for sale. Pre-orders are possible.

American Orchid Society (AOS) Judging at 11:00 A.M.

Everyone is invited to bring or send blooming orchids for judging! Plants must be in place by 10:00 A.M.

More information: c-we.com/cios/ciosspk.htm

Follow us on Facebook: Central Iowa Orchid Society

Speaker's Day, July 19, 2025 Registration Form

To help us plan for Speaker's Day, we encourage you to fill out this registration form and return it to: Central Iowa Orchid Society, c/o Chriss Barck, 16402 J Ave., Perry, IA 50220. We would like these returned by July 5, 2024 if possible.

Please make checks payable to the Central Iowa Orchid Society.

\$30.00 per person (\$35.00 at the door).

Name: _____ Telephone: _____

Address: _____ City: _____

State: _____ Zip Code: _____

Number of people attending: _____ Email: _____

Amount Enclosed: \$ _____ or:

Credit Card #: _____ Exp. Date: MO ____ YR ____ Security code: _____